

## SOFTBALL SLOW PITCH

EQUIPMENT	FACILITIES	SPECIAL RULES/ INSTRUCTION	SUPERVISION
<b>ALL GRADES</b>			
<p>Use bats that are uncracked with an adequate grip.</p> <p>Ensure that catcher wears a helmet and mask.</p> <p>Batter and base runner should wear helmets. Require umpire to wear a mask.</p> <p>Use regulation slow pitch ball.</p> <p>Fielders are not required to use glove if rag/mush ball is used.</p>	<p>Inspect the field for hazards: holes, glass, rocks, and slippery, muddy spots.</p> <p>Use a playing field that is away from open roadways so that players don't run into traffic.</p> <p>Report holes and severely uneven surfaces to the principal and make students aware of them.</p> <p>If more than one activity is going on, ensure that a safe distance exists between the activities.</p>	<p>Teach skills in proper progression.</p> <p>Teach players to lay down or drop the bat after hitting, not release it during the follow through of the swing.</p> <p>Ensure that non-fielding players stand well back (10 m or more) of the batter's box or behind a screen or fence. (Keep fingers away from the screen.)</p> <p>Have umpired stand behind the pitcher or outside the baselines.</p>	<p>Provide on-site supervision.</p>